

# YOGA

Relax your mind & body...  
...with take-it-easy Yoga

at

St. Michael's  
corner of Trenton Ave. &  
2139 E. Cumberland St.  
(side door, 2<sup>nd</sup> floor)

begins Sep. 4<sup>th</sup>

Tuesdays @ 9:00 a.m.

\$5.00 – pay as you go



**Instructor: Amanda B.**  
**Cell: 215-531-0922**